



Whitley Memorial Primary School

Whole School Progression of Skills PE Gym Curriculum Overview

Unit Area	Expected end of KS1	Expected end of lower KS2	Expected end of upper KS2	Exceeding	Fundamental Movement Skill Link
<b>Shape</b>	<ul style="list-style-type: none"> <li>Explore <b>Tricky</b> Shape skills (1/2/3) combined with <b>one</b> of the following:               <ul style="list-style-type: none"> <li>- Hand apparatus (4)</li> <li>- Low apparatus (5)</li> <li>- Partner/s (6)</li> <li>- Large apparatus (7)</li> </ul> </li> <li>Perform (Consolidated) <b>Tricky</b> Shape skills on the <b>floor</b> (1/2/3).</li> </ul>	<ul style="list-style-type: none"> <li>Perform (Consolidated) <b>Tricky</b> Shape skills (1/2/3) combined with <b>one</b> of the following:               <ul style="list-style-type: none"> <li>- Hand apparatus (4)</li> <li>- Low apparatus (5)</li> <li>- Partner/s (6)</li> <li>- Large apparatus (7)</li> </ul> </li> <li>Perform (Consolidated) <b>Trickier</b> Shape skills on the <b>floor</b> (1/2/3).</li> </ul>	<ul style="list-style-type: none"> <li>Perform (Consolidated) <b>Trickier</b> Shape skills (1/2/3) combined with <b>one</b> of the following:               <ul style="list-style-type: none"> <li>- Hand apparatus (4)</li> <li>- Low apparatus (5)</li> <li>- Partner/s (6)</li> <li>- Large apparatus (7)</li> </ul> </li> <li>Perform (Consolidated) <b>Trickiest</b> Shape skills on the <b>floor</b> (1/2/3).</li> </ul>	<ul style="list-style-type: none"> <li>Perform (Consolidated) <b>Trickier</b> Shape skills (1/2/3) combined with <b>two or more</b> of the following:               <ul style="list-style-type: none"> <li>- Hand apparatus (4)</li> <li>- Low apparatus (5)</li> <li>- Partner/s (6)</li> <li>- Large apparatus (7)</li> </ul> </li> <li>Perform (Consolidated) <b>Trickiest</b> Shape skills (1/2/3) combined with <b>one</b> of the following:               <ul style="list-style-type: none"> <li>- Hand apparatus (4)</li> <li>- Low apparatus (5)</li> <li>- Partner/s (6)</li> <li>- Large apparatus (7)</li> </ul> </li> </ul>	Static Balance: <b>One Leg.</b> Static Balance: <b>Seated.</b> Static Balance: <b>Floor Work.</b> Static Balance: <b>Stance.</b>
<b>Balance</b>	<ul style="list-style-type: none"> <li>Explore <b>Tricky</b> Balance skills (1/2/3) combined with <b>one</b> of the following:               <ul style="list-style-type: none"> <li>- Hand apparatus (4)</li> <li>- Low apparatus (5)</li> <li>- Partner/s (6)</li> <li>- Large apparatus (7)</li> </ul> </li> <li>Perform (Consolidated) <b>Tricky</b> Balance skills on the <b>floor</b> (1/2/3).</li> </ul>	<ul style="list-style-type: none"> <li>Perform (Consolidated) <b>Tricky</b> Balance skills (1/2/3) combined with <b>one</b> of the following:               <ul style="list-style-type: none"> <li>- Hand apparatus (4)</li> <li>- Low apparatus (5)</li> <li>- Partner/s (6)</li> <li>- Large apparatus (7)</li> </ul> </li> <li>Perform (Consolidated) <b>Trickier</b> Balance skills on the <b>floor</b> (1/2/3).</li> </ul>	<ul style="list-style-type: none"> <li>Perform (Consolidated) <b>Trickier</b> Balance skills (1/2/3) combined with <b>one</b> of the following:               <ul style="list-style-type: none"> <li>- Hand apparatus (4)</li> <li>- Low apparatus (5)</li> <li>- Partner/s (6)</li> <li>- Large apparatus (7)</li> </ul> </li> <li>Perform (Consolidated) <b>Trickiest</b> Balance skills on the <b>floor</b> (1/2/3).</li> </ul>	<ul style="list-style-type: none"> <li>Perform (Consolidated) <b>Trickier</b> Balance skills (1/2/3) combined with <b>two or more</b> of the following:               <ul style="list-style-type: none"> <li>- Hand apparatus (4)</li> <li>- Low apparatus (5)</li> <li>- Partner/s (6)</li> <li>- Large apparatus (7)</li> </ul> </li> <li>Perform (Consolidated) <b>Trickiest</b> Balance skills (1/2/3) combined with <b>one</b> of the following:               <ul style="list-style-type: none"> <li>- Hand apparatus (4)</li> <li>- Low apparatus (5)</li> <li>- Partner/s (6)</li> <li>- Large apparatus (7)</li> </ul> </li> </ul>	Static Balance: <b>One Leg.</b> Static Balance: <b>Seated.</b> Static Balance: <b>Floor Work.</b> Static Balance: <b>With a Partner.</b>
<b>Travel</b>	<ul style="list-style-type: none"> <li>Explore <b>Tricky</b> Travel skills (1/2/3) combined with <b>one</b> of the following:               <ul style="list-style-type: none"> <li>- Hand apparatus (4)</li> <li>- Low apparatus (5)</li> <li>- Partner/s (6)</li> <li>- Large apparatus (7)</li> </ul> </li> <li>Perform (Consolidated) <b>Tricky</b> Travel skills on the <b>floor</b> (1/2/3).</li> </ul>	<ul style="list-style-type: none"> <li>Perform (Consolidated) <b>Tricky</b> Travel skills (1/2/3) combined with <b>one</b> of the following:               <ul style="list-style-type: none"> <li>- Hand apparatus (4)</li> <li>- Low apparatus (5)</li> <li>- Partner/s (6)</li> <li>- Large apparatus (7)</li> </ul> </li> <li>Perform (Consolidated) <b>Trickier</b> Travel skills on the <b>floor</b> (1/2/3).</li> </ul>	<ul style="list-style-type: none"> <li>Perform (Consolidated) <b>Trickier</b> Travel skills (1/2/3) combined with <b>one</b> of the following:               <ul style="list-style-type: none"> <li>- Hand apparatus (4)</li> <li>- Low apparatus (5)</li> <li>- Partner/s (6)</li> <li>- Large apparatus (7)</li> </ul> </li> <li>Perform (Consolidated) <b>Trickiest</b> Travel skills on the <b>floor</b> (1/2/3).</li> </ul>	<ul style="list-style-type: none"> <li>Perform (Consolidated) <b>Trickier</b> Travel skills (1/2/3) combined with <b>two or more</b> of the following:               <ul style="list-style-type: none"> <li>- Hand apparatus (4)</li> <li>- Low apparatus (5)</li> <li>- Partner/s (6)</li> <li>- Large apparatus (7)</li> </ul> </li> <li>Perform (Consolidated) <b>Trickiest</b> Travel skills (1/2/3)</li> </ul>	Dynamic Balance: <b>On a Line.</b> Dynamic Balance: <b>Jumping and Landing.</b> Coordination: <b>Footwork.</b>

				combined with <b>one</b> of the following: <ul style="list-style-type: none"> <li>- Hand apparatus (4)</li> <li>- Low apparatus (5)</li> <li>- Partner/s (6)</li> <li>- Large apparatus (7)</li> </ul>	
<b>Flight</b>	<ul style="list-style-type: none"> <li>● Explore <b>Tricky</b> Flight skills (1/2/3) combined with <b>one</b> of the following:             <ul style="list-style-type: none"> <li>- Hand apparatus (4)</li> <li>- Low apparatus (5)</li> <li>- Partner/s (6)</li> <li>- Large apparatus (7)</li> </ul> </li> <li>● Perform (Consolidated) <b>Tricky</b> Flight skills on the <b>floor</b> (1/2/3).</li> </ul>	<ul style="list-style-type: none"> <li>● Perform (Consolidated) <b>Tricky</b> Flight skills (1/2/3) combined with <b>one</b> of the following:             <ul style="list-style-type: none"> <li>- Hand apparatus (4)</li> <li>- Low apparatus (5)</li> <li>- Partner/s (6)</li> <li>- Large apparatus (7)</li> </ul> </li> <li>● Perform (Consolidated) <b>Trickier</b> Flight skills on the <b>floor</b> (1/2/3).</li> </ul>	<ul style="list-style-type: none"> <li>● Perform (Consolidated) <b>Trickier</b> Flight skills (1/2/3) combined with <b>one</b> of the following:             <ul style="list-style-type: none"> <li>- Hand apparatus (4)</li> <li>- Low apparatus (5)</li> <li>- Partner/s (6)</li> <li>- Large apparatus (7)</li> </ul> </li> <li>● Perform (Consolidated) <b>Trickiest</b> Flight skills on the <b>floor</b> (1/2/3).</li> </ul>	<ul style="list-style-type: none"> <li>● Perform (Consolidated) <b>Trickier</b> Flight skills (1/2/3) combined with <b>two or more</b> of the following:             <ul style="list-style-type: none"> <li>- Hand apparatus (4)</li> <li>- Low apparatus (5)</li> <li>- Partner/s (6)</li> <li>- Large apparatus (7)</li> </ul> </li> <li>● Perform (Consolidated) <b>Trickiest</b> Flight skills (1/2/3) combined with <b>one</b> of the following:             <ul style="list-style-type: none"> <li>- Hand apparatus (4)</li> <li>- Low apparatus (5)</li> <li>- Partner/s (6)</li> <li>- Large apparatus (7)</li> </ul> </li> </ul>	Dynamic Balance: <b>Jumping and Landing.</b> Coordination: <b>Footwork.</b>
<b>Rotation</b>	<ul style="list-style-type: none"> <li>● Explore <b>Tricky</b> Rotation skills (1/2/3) combined with <b>one</b> of the following:             <ul style="list-style-type: none"> <li>- Hand apparatus (4)</li> <li>- Low apparatus (5)</li> <li>- Partner/s (6)</li> <li>- Large apparatus (7)</li> </ul> </li> <li>● Perform (Consolidated) <b>Tricky</b> Rotation skills on the <b>floor</b> (1/2/3).</li> </ul>	<ul style="list-style-type: none"> <li>● Perform (Consolidated) <b>Tricky</b> Rotation skills (1/2/3) combined with <b>one</b> of the following:             <ul style="list-style-type: none"> <li>- Hand apparatus (4)</li> <li>- Low apparatus (5)</li> <li>- Partner/s (6)</li> <li>- Large apparatus (7)</li> </ul> </li> <li>● Perform (Consolidated) <b>Trickier</b> Rotation skills on the <b>floor</b> (1/2/3).</li> </ul>	<ul style="list-style-type: none"> <li>● Perform (Consolidated) <b>Trickier</b> Rotation skills (1/2/3) combined with <b>one</b> of the following:             <ul style="list-style-type: none"> <li>- Hand apparatus (4)</li> <li>- Low apparatus (5)</li> <li>- Partner/s (6)</li> <li>- Large apparatus (7)</li> </ul> </li> <li>● Perform (Consolidated) <b>Trickiest</b> Rotation skills on the <b>floor</b> (1/2/3).</li> </ul>	<ul style="list-style-type: none"> <li>● Perform (Consolidated) <b>Trickier</b> Rotation skills (1/2/3) combined with <b>two or more</b> of the following:             <ul style="list-style-type: none"> <li>- Hand apparatus (4)</li> <li>- Low apparatus (5)</li> <li>- Partner/s (6)</li> <li>- Large apparatus (7)</li> </ul> </li> <li>● Perform (Consolidated) <b>Trickiest</b> Rotation skills (1/2/3) combined with <b>one</b> of the following:             <ul style="list-style-type: none"> <li>- Hand apparatus (4)</li> <li>- Low apparatus (5)</li> <li>- Partner/s (6)</li> <li>- Large apparatus (7)</li> </ul> </li> </ul>	Static Balance: <b>One Leg.</b> Static Balance: <b>Seated.</b> Static Balance: <b>Floor Work.</b> Static Balance: <b>On a Line</b>