

Whitley Memorial Primary School Whole School PE Long Term Suggested Curriculum Overview 2022-23



	Reception Warkworth	Year 1 Dunstan- burgh	Year 2 Ford	Year 3 Bamburgh	Year 4 Lindisfarne	Year 4 Chillingham	Year 5 Morpeth	Year 5 Kielder	Year 6 Langley	Year 6 Prudhoe
Autumn 1	Unit 1 Real PE Hall games / Fundamental Movement skills	Units 1 & 2 Real PE (2 or 3 sessions from each unit.) Fundamental Movement skills	Unit 1 Real PE Invasion games	Unit 1 Real PE Net games Hockey	Unit 1 Real PE Gym—NUFC	Unit 1 Real PE Gym—NUFC	Unit 1 Real PE NUFC ATT & DEF 13:10-14:00	Unit 1 Real PE NUFC ATT & DEF 14:00-14:50	NUFC ATT & DEF 09:30-10:25 Unit1/2 Real PE	NUFC ATT & DEF 10:45-11:35 SWIMMING
Autumn 2	Unit 2 & 3 Real PE (2 or 3 sessions from each unit)	NUFC MULTI SKILLS 13:10-14:00 Dance/gym?	NUFC MOD TEAM 14:00-14:50 Unit 2 Real PE	Invasion games Unit 2 Real PE	NUFC STR & FIELD 9:30-10:25 Unit 2 Real PE	NUFC STR & FIELD 10:45-11:35 Unit 2 Real PE	Dance—NUFC Unit 2 Real PE	Dance—NUFC Unit 2 Real PE	Invasion games SWIMMING	Invasion games Unit 1/2 Real PE
Spring 1	NUFC FUN MOVE 13:10-14:00	NUFC MOD TEAM 14:00—14:50	Units 3 Real PE NUFC	NUFC MOD TEAM 09:30—10:25 Unit 3 Real PE	Invasion games Unit 3 Real PE	Invasion games Unit 3 Real PE	Invasion games Unit 3 Real PE SWIMMING	Invasion games Unit 3 Real PE	GYM—NUFC Unit 3 Real PE	GYM - NUFC Unit 3 Real PE
Spring 2	Units 4 & 5 Real PE (2 or 3 sessions from each unit)	Units 3 & 4 Real PE (2 or 3 sessions from each unit.)	NUFC Dance — NUFC Unit 4 Real PE	NUFC Dance — NUFC Unit 4 Real PE	Net games Athletics Unit 4 Real PE	Net games Athletics Unit 4 Real PE	NUFC STR & FIELD 9:30-10:25 Unit 4 Real PE	NUFC STR & FIELD 10:45-11:35 Unit 4 Real PE SWIMMING	NUFC STR & FIELD 13:10—14:00 Unit 4 Real PE	NUFC STR & FIELD 14:00—14:50 Unit 4 Real PE
Summer 1	NUFC MULTI SKILLS 14:00-14:50	Unit 5 & 6 Real PE (2 or 3 sessions from each unit).	NUFC ATT & DEF 13:10-14:00 Unit 5 Real PE	Unit 5 Real PE NUFC ATT & DEF 09:30—10:25	Cricket Unit 5 Real PE	Cricket Unit 5 Real PE	Net games Unit 5 Real PE SWIMMING	Net games Unit 5 Real PE	Net games Unit 5 Real PE	Net games Unit 5 Real PE
Summer 2	Summer games. Sports day prep. Unit 6 Real PE	NUFC ATH & FIT 14:00-14:50 Sports day prep.	Unit 6 Real PE Sports day prep. NUFC ATH & FIT 14:00-14:50	Unit 6 Real PE Summer Games. Sports day prep.	Unit 6 Real PE NUFC ATH & FIT 9:30-10:25	Unit 6 Real PE NUFC ATH & FIT 10:45-11:35	Athletics Summer games prep Unit 6 Real PE	Athletics Summer games prep Unit 6 Real PE SWIMMING	Cricket Unit 6 Real PE	Cricket Unit 6 Real PE

Key	
Fundamental Movements	FUN MOVE
Multi-Skills	MULTI-SKILLS
Modified Team Games	MOD TEAM
Attacking & Defending Invasion Games	ATT & DEF
Striking & Fielding	STR & FIELD
Net & Wall Games	NET & WALL
Athletics & Fitness	ATH & FIT
Problem Solving & Challenge Games	PROBLEMS
Football	FOOTBALL

Real PE Unit Number	Learning focus
Unit 1	Personal
Unit 2	Social
Unit 3	Cognitive
Unit 4	Creative
Unit 5	Physical
Unit 6	Health and Fitness